

## Cooking with Whole Grains Evaluation Form

Location:

Date:

Trainer:

- |                                                                         |     |    |
|-------------------------------------------------------------------------|-----|----|
| 1. The workshop objectives were clearly presented.                      | Yes | No |
| 2. Workshop objectives were achieved.                                   | Yes | No |
| 3. This workshop was worth my time.                                     | Yes | No |
| 4. The workshop provided practical information that I will begin using: |     |    |

Immediately    Within 1 month    Within 6 months    Eventually    Never

Please circle your rating (1=beginner, 5=expert):

- |                                                                                         |                       |
|-----------------------------------------------------------------------------------------|-----------------------|
| 5. My level of knowledge/skills on personnel management <b>before</b> the workshop was: | 1    2    3    4    5 |
| 6. My level of knowledge/skills on personnel management <b>after</b> the workshop is    | 1    2    3    4    5 |

**Please check one rating for each item. Scale: SA: strongly agree; A: agree; D: disagree; SD: strongly disagree**

Reaction to this Workshop	SA	A	D	SD
7. I was fully present and actively participated in this workshop.				
8. The order of content and activities made sense to me.				
9. The trainer knew the content well.				
10. The trainer was able to inform me and hold my interest.				
11. The trainer adequately handled questions.				
12. Activities and/or case studies showed me how to apply the content.				
13. Visual aids were organized and useful and helped me understand the content.				
14. Handouts were organized and useful and will help in my work.				
15. If held again, I would recommend this workshop to others.				

16. The overall rating I would give this workshop is:

extremely useful      very useful      useful      not useful

The information I found **most** useful was:

Please share any additional comments; continue on reverse side, if needed: